



# Quest Camps & Programs

A Guide For Clinicians

Are you seeing clients or families with children who...

Have difficulties socially?

Have difficulty regulating their emotions?

Can "get by" in typical social situations but may experience frustration or lack of connection with peers?

If so, consider a referral to Quest Therapeutic Afterschool and Summer Camp Programs.

## About Quest Camps & Programs

### For whom?

Children ages 6-18 with mild to moderate behavioral and emotional difficulties. Common diagnoses include ADHD, Asperger's, and Anxiety Disorders. However, a diagnosis is not needed in order to participate.

### Why Quest?

A cognitive-behavioral approach supports kids' ability to increase positive social and emotional behavior(s) through participation in fun activities. The program was developed over 20 years ago and now has several campuses across the country.

### When?

Quest Summer Camp runs from June to August. Quest Afterschool operates from September to May.

### Where?

Quest programs are provided locally by Squirrel Hill Psychological Services in the East End area of Pittsburgh.

### Fees?

Participants attend via private pay or Extended School Year (ESY). Quest is an approved ESY program for several local school districts. Quest is not covered by Medical Assistance (CCBHO).

### For more information:

Contact the Quest Director, April Artz, LPC at [aartz@jfcspgh.org](mailto:aartz@jfcspgh.org) or at 412-877-528.

All potential program participants are screened to determine appropriate fit.

[www.squirrelhillpsych.org](http://www.squirrelhillpsych.org)  
[www.questcamps.com](http://www.questcamps.com)